



Dates for your diary

STARBURST - 11th November

CROWN CAFE CHRISTMAS MEALS-

Monday the 13th of December &

Wednesday the 15th of December

Please see the adverts overleaf for full details.

Frontline Bulgaria News...in brief!

During our recent visit to Ruse, Esther (OT) and Helen (Physio) assessed the wheelchair and seating needs of 12 children. Esther's training on Posture Management for OT students at Ruse University was lively, engaging and a great success! Corinna from York University established a link with Ruse University for possible OT student placements. We visited a day centre, a cooking class, a home for older people and Ruse Hospital children's ward. Mary and Gill met partner organisations and contacts to discuss the proposed



equipment store, a possible Actability drama project and the volunteer programme. We rounded off our visit with an interesting meeting over a cup of tea with the British Ambassador in Sofia!

Needed! - If you happen to have a good **laptop computer** you could donate, please call Gill on 01787 478654. This is for Miro, a young man with physical disabilities who lives in an institution for older people. It would help him to connect up with his friends.

For further news, go to

www.frontlinepartnership.org.

Go to the Bulgaria page and click on '**November 2010 Frontline Bulgaria Newsletter**'

Essex PowerChair Football



The Essex FA are delighted to announce the launching of PowerChair Football in Essex.

This monthly provision is open to all ages, abilities and Genders at the **Riverside Leisure Centre, Chelmsford, CM1 1FG**

- **Saturday 16 October**
(Launch event supported by Aspire FC - Part of the Wheelchair Football Association National League)
- Saturday 13 November
- Saturday 11 December

****10am- 1pm: Open Session****

For more information please contact **John Manning, Essex FA**, on 01245 393 095 or www.essexafa.com/development



Congratulations to Emma Young and Kelly Bickford

Kelly has successfully completed a first aid course. Well done Kelly, it's good to know we're in safe hands.

Emma recently entered a swimming gala and took 2nd place. Well done Emma!!



FRONTLINE NEWS

Staff News – Ruth Parrott joined the Frontline team as an Inclusion Support Worker on 1st November. **Welcome to the team Ruth!**

Please vote for Actability! – This innovative drama project enables adults with learning disabilities to plan and deliver drama workshops for young people in local primary schools. It enables young people be aware of the value that everyone has in society regardless of difference or diversity. We are one of three local **NatWest Community Fund** finalists and could be awarded £3000. Please go to www.communityfund.natwest.com and **vote for Frontline's Actability drama project!**

If you have any news that you would like us to feature on this page, please feel free to email us at...

enquiries@frontlinepartnership.org.



FRONTLINE Presents

STARBURST

A NIGHT OF CLUB MUSIC FOR THOSE WITH AND WITHOUT A DISABILITY

Ashwells Country Club
Ashwells Road
Brentwood CM15 9SE

11TH NOVEMBER

19:00 - 22:00

Resident DJ - Graham Norton

Tickets £2
Includes free soft drink

Age 16+ under 18's to be accompanied by an adult

Frontline: 01277 218902 / Doug Sier: 07971837652
E-mail: starburst@siermail.co.uk

FRONTLINE
Promoting inclusion ... because 'Community Works'!

Carol Service and Christmas Dinner

Come to either or both

Monday 13th December 2010
at Sawyers Church

11 am Mince Pies and Coffee/ Tea
11.30 am Carol Service
12.30 pm Christmas Dinner

£6.50 per meal

Pre booking for the dinner essential.

Ask any staff member or ring Crown Café on 01277 233889.

Vegetarian option available, please order when booking



Tuesday Club dates for your diary

- 2nd November 2010**
Tuesday Club at Sawyers Church 7.30pm
 - 9th November 2010**
Tuesday Club at Sawyers Church 7.30pm
 - 16th November 2010**
Tuesday Club at Sawyers Church 7.30pm
 - 23rd November 2010**
Tuesday Club at Sawyers Church 7.30pm
 - 30th November 2010**
'On the Town'
- The choices for this month are
- Trampolining
 - Pamper evening
 - Computer games evening
- Further information will be given at Tuesday Club
- 7th December 2010**
Tuesday Club at Sawyers Church 7.30pm

FRONTLINE
Promoting inclusion ... because 'Community Works'!

Come and enjoy a lovely Christmas dinner at

Crown Café, Sawyers Church

Meals will be served at 12.30pm on
Wednesday 15th December

£6.50 per meal.

Pre booking essential

Vegetarian option available, please order when booking

Please ring Crown café on 01277 233889



EssexWorks.
For a better quality of life

Art & Craft for people with Differing Disabilities


For adults with a learning difficulty and/or a physical disability

Develop/improve a range of skills including literacy, numeracy and communication through art & craft activities.

Thursday 18th November 2010
10:00 to 12:00

At Adult Community Learning, Brentwood

For further information:
Tel: Ann Fitten 01371 830245
Email: ann.fitten@essex.gov.uk
Website: www.essex.gov.uk/adultlearning



Essex County Council

Advance Notice

The last Tuesday Club of 2010 will be the 14th of December and we will be having a Christmas disco. Tuesday Club returns on the 4th of January

If you require any further information regarding the above please contact the Tuesday Club team on 01277 233889



Candles

Stuck for last minute presents?



I will be selling hand decorated candles which are ideal for Christmas on the 30th of November at the Tuesday Clubs pamper evening. Perfect for stress free shopping.

Mel